

SizeUK: average measurements for MEN & WOMEN

Men					
	Height	Chest	Waist	Hips	Weight
Rounded (cm/Kg)	177	107	94	102	79
Rounded (Inches/Lbs)	69.5	42.0	37.0	40.5	174.0

Women					
	Height	Chest	Waist	Hips	Weight
Rounded (cm/Kg)	163	98	86	103	65
Rounded (Inches/Lbs)	64.5	38.5	34.0	40.5	143.5

Results of 1951 survey (averages) for comparison: WOMEN

1951 survey					
	Height	Chest	Waist	Hips	Weight
Metric (cm/Kg)	159	94	70	99	62
Imperial (Inches/Lbs)	63.0	37.0	27.5	39.0	136.0

**SizeUK: Percentage of men & women who can be classified as
underweight, normal, overweight or obese based on BMI calculations**

Underweight: 12% women, 6% men
 Normal: 50% women & men
 Overweight or obese: 38% women, 44% men

**SizeUK: Tallest & heaviest age groups for MEN & WOMEN and
Average height & weight across all age groups for MEN & WOMEN**

	UK WOMEN			
Age Group (yrs)	Tallest		Heaviest	
	cms	inches	Kgs	Lbs
16-19				
20-24				
25-34	165	65.0		
35-44				
45-54			69	152.0
55-64				
65+				
Average	163	64.5	65	143.5

	UK MEN			
Age Group (yrs)	Tallest		Heaviest	
	cms	inches	Kgs	Lbs
16-19				
20-24	178	70.0		
25-34				
35-44				
45-54				
55-64			82	181.0
65+				
Average	177	69.5	79	174.0

**Comparisons between averages for women found in
SizeUK & SizeUSA surveys**

Women SizeUSA					
	Height	Bust	Waist	Hips	Weight
Rounded cm/Kg	160	104	88	109	71
Rounded Inches/Lbs	63.0	41.0	34.5	43.0	155.5

Women SizeUK					
	Height	Bust	Waist	Hips	Weight
Rounded cm/Kg	163	98	86	103	65
Rounded Inches/Lbs	64.5	38.5	34.0	40.5	143.5