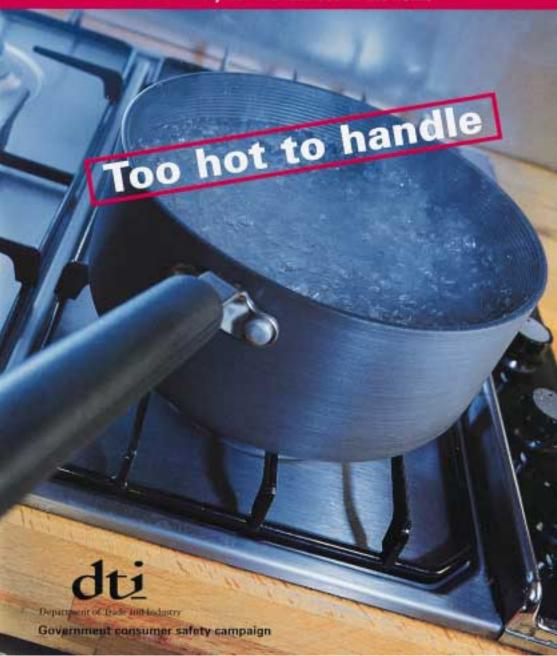
Are your children safe in the kitchen?

Every day 10 small children under the age of 5 are severely burnt or scalded in the home





Keep the handles of pots and pans turned away from the edges of cookers and work surfaces.



Always check the temperature of the water before bathing children. When filling a bath, run the cold tap first.



If someone gets burnt or scalded, keep the affected area under cold water for as long as possible (at least 10 minutes).



Teach toddlers not to play in the kitchen or bathroom. Check for toys you might trip over.



Try and keep toddlers accupied out of harm's way when you are cooking.



Don't remove anything sticking to the injury. Cover it with sterile, non-fluffy material; cling film is ideal. Remove jewellery.

For an adult with a burn larger than the palm of their hand, or for any size burn on a child, you should seek medical attention.



Don't leave flexes for toddlers to reach.

Always keep hot drinks out of reach.



Prevent scalds by fitting a thermostat to your hot-water boiler. Turn it down to 50°C: you'll also save money.







Department of Trade and Industry



Government consumer safety campaign